

Workout	Location	Heat	Time	Division	Team,	Lane
Event 3	Swimming Pool	Heat 1	12:40	Qualified Teams	Two Tails CrossFit	1
Event 3	Swimming Pool	Heat 1	12:40	Qualified Teams	Wakefield CrossFit B	2
Event 3	Swimming Pool	Heat 1	12:40	Qualified Teams	The Wick CrossFit Red	3
Event 3	Swimming Pool	Heat 1	12:40	Qualified Teams	Forest Flow Crossfit	4
Event 3	Swimming Pool	Heat 1	12:40	Qualified Teams	CrossFit Leicester	5
Event 3	Swimming Pool	Heat 1	12:40	Qualified Teams	CrossFit Chester le Street	6
Event 3	Swimming Pool	Heat 1	12:40	Qualified Teams	Motion Lightning	7
Event 3	Swimming Pool	Heat 1	12:40	Qualified Teams	Team CFR	8
Event 3	Swimming Pool	Heat 1	12:40	Qualified Teams	CrossFit Medway	9
Event 3	Swimming Pool	Heat 1	12:40	Qualified Teams	Formidables	10
Event 3	Swimming Pool	Heat 1	12:40	Qualified Teams	Blueprint CrossFit	11
Event 3	Swimming Pool	Heat 1	12:40	Qualified Teams	CrossFit Worcestershire	12
Event 3	Swimming Pool	Heat 1	12:40	Qualified Teams	Second City CrossFit	13
Event 3	Swimming Pool	Heat 1	12:40	Qualified Teams	The Wick CrossFit White	14
Event 3	Swimming Pool	Heat 1	12:40	Qualified Teams	CrossFit Bern	15
Event 3	Swimming Pool	Heat 1	12:40	Qualified Teams	Crossfit Luton	16
Event 3	Swimming Pool	Heat 2	13:05	Qualified Teams	CrossFit Swindon Silverbacks	1
Event 3	Swimming Pool	Heat 2	13:05	Qualified Teams	TEAMSOLENT	2
Event 3	Swimming Pool	Heat 2	13:05	Qualified Teams	VCF	3
Event 3	Swimming Pool	Heat 2	13:05	Qualified Teams	GYMBOX	4
Event 3	Swimming Pool	Heat 2	13:05	Qualified Teams	CrossFit Bath Bravo	5
Event 3	Swimming Pool	Heat 2	13:05	Qualified Teams	CrossFit Civitas N.W.O	6
Event 3	Swimming Pool	Heat 2	13:05	Qualified Teams	CrossFit Colchester	7
Event 3	Swimming Pool	Heat 2	13:05	Qualified Teams	Gym 1971	8
Event 3	Swimming Pool	Heat 2	13:05	Qualified Teams	CrossFit 3D	9
Event 3	Swimming Pool	Heat 2	13:05	Qualified Teams	Motion Thunder	10
Event 3	Swimming Pool	Heat 2	13:05	Qualified Teams	FUNCTION SF REPUBLIC	11
Event 3	Swimming Pool	Heat 2	13:05	Qualified Teams	CrossFit Fareham	12
Event 3	Swimming Pool	Heat 2	13:05	Qualified Teams	Valesco Black	13
Event 3	Swimming Pool	Heat 2	13:05	Qualified Teams	Team CFP	14
Event 3	Swimming Pool	Heat 2	13:05	Qualified Teams	Putney X	15
Event 3	Swimming Pool	Heat 2	13:05	Qualified Teams	Team Tyneside	16
Event 3	Swimming Pool	Heat 3	13:30	Qualified Teams	CrossFit Worksop	1
Event 3	Swimming Pool	Heat 3	13:30	Qualified Teams	TIO CrossFit	2
Event 3	Swimming Pool	Heat 3	13:30	Qualified Teams	CrossFit Southampton	3
Event 3	Swimming Pool	Heat 3	13:30	Qualified Teams	ShireFit	4
Event 3	Swimming Pool	Heat 3	13:30	Qualified Teams	Crossfit Death or Glory	5
Event 3	Swimming Pool	Heat 3	13:30	Qualified Teams	CrossFit OzBox	6
Event 3	Swimming Pool	Heat 3	13:30	Qualified Teams	NewWave CrossFit	7
Event 3	Swimming Pool	Heat 3	13:30	Qualified Teams	Coastside CrossFit	8
Event 3	Swimming Pool	Heat 3	13:30	Qualified Teams	CrossFit Bath Alpha	9
Event 3	Swimming Pool	Heat 3	13:30	Qualified Teams	CrossFit Unison	10
Event 3	Swimming Pool	Heat 3	13:30	Qualified Teams	Crossfit Watford	11
Event 3	Swimming Pool	Heat 3	13:30	Qualified Teams	Sleven Fitness	12
Event 3	Swimming Pool	Heat 3	13:30	Qualified Teams	CROSSFIT HEATHROW	13
Event 3	Swimming Pool	Heat 3	13:30	Qualified Teams	Locker 27	14
Event 3	Swimming Pool	Heat 3	13:30	Qualified Teams	Team Civitas	15
Event 3	Swimming Pool	Heat 3	13:30	Qualified Teams	Crossfit Glasgow	16

Workout	Location	Heat	Time	Division	Team,	Lane
Event 3	Swimming Pool	Heat 4	13:55	Invitational Teams	TEAM ATHX	2
Event 3	Swimming Pool	Heat 4	13:55	Invitational Teams	PZL Programming	3
Event 3	Swimming Pool	Heat 4	13:55	Invitational Teams	ELEIKO	4
Event 3	Swimming Pool	Heat 4	13:55	Invitational Teams	21-15-999	5
Event 3	Swimming Pool	Heat 4	13:55	Qualified Teams	CrossFit Mayflower	6
Event 3	Swimming Pool	Heat 4	13:55	Qualified Teams	CrossFit Leeds	7
Event 3	Swimming Pool	Heat 4	13:55	Qualified Teams	The Wick CrossFit Black	8
Event 3	Swimming Pool	Heat 4	13:55	Qualified Teams	CROSSFIT BRISTOL NORTH	9
Event 3	Swimming Pool	Heat 4	13:55	Qualified Teams	CrossFit 13	10
Event 3	Swimming Pool	Heat 4	13:55	Invitational Teams	180 Project	11
Event 3	Swimming Pool	Heat 4	13:55	Qualified Teams	CrossFit Container	12
Event 3	Swimming Pool	Heat 4	13:55	Invitational Teams	JST COMPETE	13
Event 3	Swimming Pool	Heat 4	13:55	Invitational Teams	RPG TRinity	14
Event 3	Swimming Pool	Heat 4	13:55	Invitational Teams	Team REORG	15
Event 3	Swimming Pool	Heat 4	13:55	Invitational Teams	NOCCO	16
Event 3	Swimming Pool	Heat 5	14:20	Qualified Teams	Stonehenge CrossFit	1
Event 3	Swimming Pool	Heat 5	14:20	Qualified Teams	CrossFit Aylesbury Blue	2
Event 3	Swimming Pool	Heat 5	14:20	Qualified Teams	Boundary	3
Event 3	Swimming Pool	Heat 5	14:20	Qualified Teams	The Training Design	4
Event 3	Swimming Pool	Heat 5	14:20	Qualified Teams	TEAM WIT	5
Event 3	Swimming Pool	Heat 5	14:20	Qualified Teams	CrossFit Lillestrøm	6
Event 3	Swimming Pool	Heat 5	14:20	Qualified Teams	Wakefield CrossFit	7
Event 3	Swimming Pool	Heat 5	14:20	Qualified Teams	Motion Storm	8
Event 3	Swimming Pool	Heat 5	14:20	Qualified Teams	Jolly Sailor Invincibles	9
Event 3	Swimming Pool	Heat 5	14:20	Qualified Teams	Team Shapeshmiths - Krypton	10
Event 3	Swimming Pool	Heat 5	14:20	Qualified Teams	BFG	11
Event 3	Swimming Pool	Heat 5	14:20	Qualified Teams	CrossFit Witham	12
Event 3	Swimming Pool	Heat 5	14:20	Qualified Teams	CrossFit 179	13
Event 3	Swimming Pool	Heat 5	14:20	Qualified Teams	Dragon Athletic Black	14
Event 3	Swimming Pool	Heat 5	14:20	Qualified Teams	ARC	15
Event 3	Swimming Pool	Heat 5	14:20	Qualified Teams	Talisman Titans	16